

## Pantry Liquids

Typical Condiments: Mustard, Ketchup, Mayonnaise

Maille Dijon Mustard

Maille Whole Grain Mustard

Honey (Local or American)

Heinz 57 Sauce

A1 Steak Sauce

Lea & Perrin's Worcestershire Sauce

KC Original BBQ Sauce

Dark Molasses (Blackstrap)

Tabasco Hot Sauce

Tabasco Chipotle Chili Hot Sauce

Valentina's Mexican Hot Sauce

Crystal Hot Sauce

Sriracha Hot Sauce

Vinegars: White, Cider, Malt, Sherry, Red, Balsamic -

*(a less expensive one for cooking and a more expensive one for finishing/dressing)*

- White Balsamic
- Rice

Extra Virgin Olive Oil - *(2 Italian/Tuscany)*

- *one less expensive for cooking like Bertolli*
- *one more expensive for dressing /finishing.) Spanish and Greek EVOOs*

Vegetable Oil

Canola Oil

EVOO Cooking Spray

Canola Cooking Spray

Toasted Sesame Oil

Wok Oil

Thai Fish Sauce

Soy Sauce

Capers

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